

MATIECH – SENSORIAL SYMPHONIES

Dance & Music – An Event directly at your institution
Touring Luxembourg

Chorégraphie

Elisabeth
Schilling

3–14 November 2025
(exact date to be confirmed with you)

Musique

A composition by Pascal Schumacher
that is rooted in the deconstruction and
reconstruction of Sergei Rachmaninoff's
Second Piano Concerto, incorporating
elements of The Plant Philharmonic.

WHAT IF
WE COULD FEEL THE
WORKLOAD
AS PLANTS DO?

As part of:

M_{it euch} a_{vec vous} t_{h you} ie_{ch}

théâtre·s
de la Ville de
Luxembourg

VILLE DE
LUXEMBOURG

Elisabeth
Schilling
&
Company

LUCILIN
United Instruments of

soutenu par
œuvre
nationale

FonSom
dation mer



LE GOUVERNEMENT
DU GRAND-DUCHÉ DE LUXEMBOURG
Ministère de l'Agriculture,
de l'Alimentation et de la Viticulture

DEAR

We are writing to you with an open heart and a warm invitation.

In November 2025, our team of dancers and a musician would love to visit your institution to share an experience that is not only artistic, but deeply human.

We invite you to discover *Mat lech - Sensorial Symphonies*: a sensory, immersive, and emotionally resonant performance of contemporary dance and live music, specially created for people who may not usually have access to cultural events – due to age, health, disability, life circumstances, or geographic distance.

This project has been created with your residents and beneficiaries in mind.

It is art that comes to you - accessible, flexible, free of charge (gratis) and meaningful.

WHAT IS MAT IECH – SENSORIAL SYMPHONIES?



Mat lech is our outreach programme bringing **dance and live music directly to communities** who may not have easy access to culture – due to age, disability, illness, or social or geographic barriers.

Since 2022, we've visited senior homes, children's foyers, hospitals, social centres, and rural areas across Luxembourg and beyond.

Led by choreographer **Elisabeth Schilling** and her company **Making Dances asbl**, **Mat lech** creates moments of **beauty, connection, and emotion** in everyday spaces.

As artist in residence at the **Grand Théâtre de la Ville de Luxembourg**, Elisabeth is committed to ensuring that her work reaches not only theatres, but also those who are often left out of cultural life.

This year, we are proud to tour a new creation by choreographer **Elisabeth Schilling**, following its premiere at the **Grand Théâtre de la Ville de Luxembourg: *Sensorial Symphonies*** – a unique

performance inspired by nature and the deep connection between humans and nature.

With **3 dancers and 1 live marimba musician** (from **United Instruments of Lucilin**), the piece blends contemporary dance, plant sounds, and classical music into a gentle, multi-sensory experience. Designed for non-theatrical spaces, it's easy to host: no stage, no tech needs, and each performance is adapted to your space and audience.

Each performance is tailored with care to the people, space, and rhythm of your institution. It is an invitation to connect.

It's a symphony of the senses - intimate, inclusive, and profoundly moving.

WHAT HAPPENS DURING A VISIT?

Each visit lasts **30 to 60 minutes** and offers a flexible, sensory experience tailored to your space and audience.

It includes:

- A **live performance** of dance and music (featuring marimba), thoughtfully adapted to your specific space and audience;
- An optional **movement workshop** inviting participants to explore their own gestures and sensations;
- A **time exchange and conversation**, where we listen to what was felt, seen, remembered (This option is mostly for children and young adults);
- A **beautifully designed booklet** to take home as a gift – with both academic as well as literature texts around the creation, design & photography, interviews with the creative team, riddles and drawing games, extending the experience long after we leave.



We come with a **small, mobile team of 3 dancers and 1 musician**, plus choreographer and producer, creating an intimate atmosphere that invites curiosity and connection.

But most importantly: **Each visit is unique.**

Shaped around your needs, space, and community. Before the tour, we take time to create versions of the performance adapted to the institutions who welcome us.

This is not just a show – it's a **living experience, created with care for each place we are welcomed to.**

WHO IS IT FOR?

We create each visit with care, and adapt it to the people we meet.

This project is particularly suited for:

- **Children of all ages**, especially those in sensitive or vulnerable situations;
- **Children and young people in foster care**, foyers, therapeutic institutions, or with reduced access to culture;
- **Elderly people** in care homes, day centres or hospitals;
- **People with disabilities**, chronic illness or reduced mobility;
- **Audiences of all linguistic or cultural backgrounds**;
- **Communities** who might benefit from a moment of softness, imagination, and connection

We believe that anyone who cannot come to the theatre anymore, of any age and ability, deserves access to beauty, creativity, and art that speaks from the heart.

Our visits can adapt to all linguistic (**French, English, German, Luxembourgish**) and cultural backgrounds.



WHY THIS MATTERS

At the heart of this project lies a belief that we are all connected:

People to people.

People to plants.

Movements to music.

Inspired by the intelligence and beauty of the vegetal world, *Sensorial Symphonies* invites us to reflect on our place within the larger web of life. Through dance and live music, it evokes the slow unfolding of a flower, the silent communication of trees, the cycles of blooming, decay, and renewal.

Also this project is not about “understanding” dance. It is about feeling something, however subtle or strong that may be – a flicker of memory, a smile, a sigh, a sense of belonging.

In today’s world, many people have limited or no access to cultural experiences – especially in care settings, rural areas, or social institutions. Mat lech – Sensorial Symphonies brings this experience to places where culture is often missing – not out of lack of interest, but out of barriers: physical, financial, geographical, or social.

After its premiere at the Grand Theatre in September 2025, Mat lech – Sensorial Symphonies will travel to these venues, offering an artistic experience that is immersive, inclusive, and accessible to all.

A GENTLE, EMOTIONAL PERFORMANCE, OPEN TO ALL.



This performance **combines contemporary dance with live marimba music**, featuring works by **Rachmaninov**, a new composition by **Pascal Schumacher**, and real sound recordings from plants.

The result is a calm, engaging, and inspiring experience that invites audiences to reflect, feel, and enjoy – **regardless of age, background, or physical ability**.

We aim to create a moment of connection – not only with the arts, but also between the participants themselves.



PRACTICAL INFORMATION

Nous fournissons tout le matériel nécessaire. Il vous suffit de mettre à disposition un **clean, open space** (such as a common room, activity room, or hall).

There are **no technical requirements**: no stage, no lighting, and no special equipment needed.

The performance is **quiet, gentle, and suitable** for sensitive or therapeutic environments.

We can offer **one or two performances** in a day, depending on your schedule and the needs of your residents.

The event is offered completely free of charge, thanks to the support of the **Ministry of Culture, l'Oeuvre Nationale de Secours Grande-Duchesse Charlotte**, the **Fondation Sommer**, and the **Grand Théâtre de la Ville de Luxembourg**.

We believe that culture should be available to everyone – and we would be honoured to bring this experience to your community.

Would you like to welcome us?

If this project speaks to you, we'd love to hear from you **before 15 of September 2025**.

We are happy to adapt the time, format and content to your needs – whether you have a small room or a larger group, one class or a whole centre, active participants or quiet observers.

Let us create something gentle, meaningful, and memorable **together**.

Tour Period: 3-14 November 2025

Location: Anywhere in Luxembourg Country

Contact: Clara Berrod – fundraising@elisabethschilling.com

We are currently scheduling our **12 tour performances** and would be delighted to reserve a date with your institution.

We look forward to meeting you – with care, movement, and music.

Warmest regards,
Elisabeth Schilling
& the Mat lech /
Sensorial Symphonies Team
www.elisabethschilling.com